

# LAKE FOREST GARDEN CLUB ROSETTE



Lakeforestgardenclub@gmail.com



LakeForestGardenClub.net

Nov. / Dec.2022

## Lake Forest Garden Club



### EXECUTIVE BOARD:

President	Pat Chong
1st VP (Programs)	Barbara Hogan and Sandy Ueek
2nd VP (Membership)	Rita Bradley
3rd VP (Ways and Means)	Anne Breuer and Marilyn Hill
Recording Secretary	Roxie Aird
Treasurer	JoAnne Gillespie Asst.-Linda Martin
Corresponding Secretary	Pat Piecuch
Parliamentarian	Barbara Foster
Historian	Margie Carone

### COMMITTEE CHAIRS

CGCI Representative	Pat Chong
City of Lake Forest Liaison	Martha McCarthy
Communications	Ginny Heard
Web Master/Newsletter	Latha Kumar
Publicity	Noel De Sota
Set up/Beach & Tennis Liaison	Carol Giovinnazzo
Garden Exchange	Wendy McCalley
Greeters	Bev Vargish (Lead)
Hospice	Nadine Melberg
Hospitality	Cheryl Weaver
Inspiration	Geri Medway
Butterfly/Pollinator Kits	Barb Hochgesang and Neela Khanlokar
Pre-School Garden	Bev Vargish
Scholarships	Linda Martin
Penny Pines	Susan Delaney Suzanne Stephens
Flower Show (April)	TBD
Philanthropy	TBD
Trips & Tours / Garden Tour	TBD

### LAKE FOREST BEACH & TENNIS CLUB

22921 Ridge Route Drive,  
Lake Forest, CA 92630

### FROM THE PRESIDENT

It's that time of the year! The holidays are almost upon us, and we have a great pot-luck Holiday Party planned for December 9th. There will be a wonderful singer to entertain us, and instead of table hostesses this year everyone is invited to bring table decorations. There will be a poinsettia plant on each table, plus whatever you can add to make it festive.

Let's deck the halls (tables) and celebrate the season!

*Pat Chong*

### MEMBERSHIP

Please welcome our newest member, **Margaret Choun**, who was unable to stay for the October meeting. However, she did share quite a bit about herself at the September meeting. She is so excited about meeting many new and kind neighbors and friends.

We are currently working on updating our website, <https://www.lakeforestgardenclub.net>. Only a password is needed. Although an upgrade is in progress, feel free to visit the site & familiarize yourself with the activities & the many members who have submitted their photos and names. As our club is constantly growing, it is beneficial to see the members' pictures with their names. Please send your photo to [ritamarie7@me.com](mailto:ritamarie7@me.com)

If you had received a CGCI discount card previously, please note there was an expiration date. The new cards are available at the membership table. We were given only one per member. Besides the discount at garden stores, there are discounts at many Botanical Gardens throughout California. Local Botanical Gardens include Sherman Library; Niguel Botanical Preserve; Hortense Miller Garden; Fullerton State Arboretum and UC Irvine Arboretum Campus Dr.

It NEVER hurts to show your card & ask. Remember, if you don't ask...the answer is always no.

### RITA BRADLEY

### GARDEN EXCHANGE

The Garden exchange table is open and waiting for anything that you wish to share from your garden - cuttings, bulbs, produce, etc. I hope that many of the free seeds you have picked up over the past months have been planted and will bring joy to many as they grow,

There will be no Garden Exchange at the Holiday Party meeting in December.

### WENDY MCCALLEY



## DAFFODIL TIME!



Thank you to all who purchased the Carlton Daffodil Bulbs offered at the October Meeting. You purchased at cost, and we recouped 100% of our costs of the 500 bulbs. Our hope is that we are successful in our own yards with these daffodil bulbs, and with these personal successes under our belts within these next couple of months, we can be confident to offer and/or plant these out in the communities of Lake Forest in future years.

We hope you've had an opportunity to get your bulbs planted. If not, try to before the end of November. A few folks requested some additional information to be a bit more confident in their efforts. Please see the links below and the Miracle-Gro attachment. Hopefully, these items will help with your concerns and questions. As the next few months roll by, we hope your daffodils will

welcome Spring, put a smile on your face, and you'll be excited with what you see!

Attached is a bit more information about preparing the soil, planting your daffodils, watering needs, and care after the bloom has died. It is from Miracle-Gro. For folks interested in planting your bulbs in containers, visit links →

<https://www.youtube.com/watch?v=rNZgTD2W6kw>  
How to Layer Bulbs for a Spring Display. (length: 6:06)

<https://www.youtube.com/watch?v=-9wi7HGmQp4>  
Planting 24 GORGEOUS Containers! (length: 20:33)

### HOW TO PREPARE THE SOIL FOR PLANTING DAFFODILS

Prepare new planting areas with Miracle-Gro® Garden Soil for Flowers, mixing 3 inches in with the top 6 to 8 inches of existing soil. This will provide bulbs with the nutrition they need to grow a strong root system in preparation for spring flowering.

### HOW TO PLANT DAFFODILS

You can plant daffodils in rows, in groups (3 and 5 are good numbers), or individually. If you're planting a lot of bulbs in a row along the edge of a flowerbed, it's easier to dig a trench or wide hole in which to plant. If you're planting groups here and there in a flowerbed or in the lawn, you'll want to plant them individually. However many you're planting, bulbs should be placed 4 to 6 inches apart.

Plant each daffodil bulb so the pointy end, or tip, is facing up. [Note: LFGC: Our Carleton Daffodils are to be planted at 8" depth.] Water well after planting then cover the soil with a layer of mulch for both a tidy look and to help the soil retain moisture longer.

### HOW TO WATER DAFFODILS

Water daffodils thoroughly at the time of planting then once a week for the next 3 weeks. (This is a crucial time to water, as the plants are growing their first roots.) After the first few weeks, leave the plants alone until they begin to grow in the spring.

Once you see daffodil leaves peeking out of the soil, it's time to pay attention again. Usually spring rains will provide plenty of moisture but if your area goes without rain for 2 or 3 weeks while daffodils are growing and blooming, water the plants. Stop watering once blooms are past and the foliage begins to turn brown, as that marks the beginning of a period of dormancy and excess water can cause the bulbs to rot.

### HOW TO FEED DAFFODILS

Great soil and just the right plant food are a power combo for magnificent garden results. So, after they've bloomed in the spring, feed daffodils with Miracle-Gro® Shake 'n Feed Rose & Bloom Plant Food to help the bulbs store nutrients for the next growing season. Feed every 3 months, following label directions, and stop feeding once the foliage turns brown.



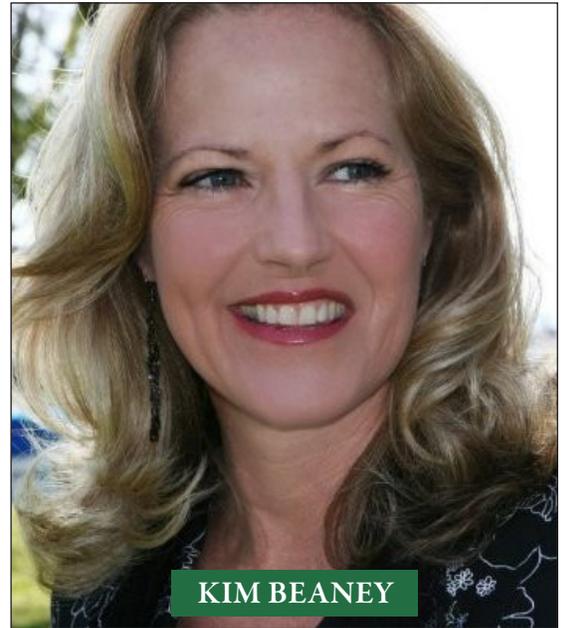
## PROGRAMS

Hello Holidays! Lake Forest Garden Club is pleased to announce that we will be holding our annual Christmas Pot Luck Luncheon. Bring along a salad or dessert treat to share with the membership. This year, the luncheon will be accompanied by a Christmas Sing-along led by our friend and neighbor Kim Beaney.

As background, Kim Beaney was born and raised in Kansas City, Missouri, and studied music at UMKC Conservatory of Music. After moving to California in 1985 she became choir director, worship leader and “gigster.” She is currently singing with ‘Lake House Trio’.

Kim is a local artist who loves Christmastime. She has been singing and gigging for 20+ years here in the Saddleback Valley. She can be heard on YouTube.

Please be aware that our December meeting will be held one week earlier than normal. The date is December 9. Meeting starts at 9:30 for Meet & Greet, followed by our business meeting, luncheon and sing-along. Hope to see you all there.



KIM BEANEY

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## HOSPITALITY

Greetings to all Lake Forest Garden Club members and welcome to the 2022 Fall-Winter Holiday Season!

Your LFGC Hospitality Committee members——Cheryl Weaver, Diane Boeck, and Anna Waugh——continue to provide snacks and beverages to accompany your club meeting activities, and we anticipate our Holiday Buffet in December. (More information on the Buffet can be found below) Hospitality appreciates feedback regarding snack and beverage choices as well as presentation each month—Thank You!

The Committee would like to thank all of you who have brought donations from your homes or your neighbors or relatives. Not only have we received paper goods and linens for our tables and serving areas, but we have received other decorative items which can be used for various seasons, celebrations, etc. In addition, we have received home grown fruits, Pumpkin bread and other baked goods, candy, and other taste treats. Your Hospitality Committee and our club members so appreciate your generosity——thank you again!

For our December meeting on Friday, Dec. 9, we will (as is tradition for our club) be having a Holiday Buffet. The LFGC Board, at their November Board meeting, voted to provide a poinsettia for each of the round tables for the Buffet. On that day, we ask that our members choose a table at which you would like to sit——there will not be a sign-up or assigned seats——and bring other Holiday decorations to complete the table decor. This could be figurines, garland, Holiday greens, ornaments, mini lights, pine cones, battery-operated candles, ribbon and/or bows, table scatter-decor, small stuffed animals, stars, other symbols of the season, etc. We love to see the creativity of our members! And don't forget to bring a tasty main dish, fruit, salad, or dessert for the Buffet, along with a serving spoon, fork, or other serving piece. Napkins, cups, plates, and forks, knives, spoons, and other tableware, as well as beverages, will be provided by Hospitality.

The Hospitality Committee looks forward to seeing you at both our November and December meetings. For November, we will continue to have a tasty snack including fruit. If you have any questions regarding our December Buffet, please feel free to ask us at the meeting or give us a call. We are looking forward to seeing you at the November meeting!

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## HOSPICE FLOWERS

### NOVEMBER

HOSPICE FLOWERS on November 18 will be at the Beach and Tennis Club. Cleaning of flowers will begin around 9 am and making arrangements around 9:20 am. We welcome all to join us making floral arrangements for Memorial Care Hospice out of Saddleback Hospital. We also make a large floral arrangement for the front desk and many arrangements for LFGC members who might have health or stressful events in their lives. Our hope is to bring a smile to many who are finding daily life overwhelming.

Fuji Wholesale and Albertson's donate many lovely flowers to us but we do need additional greens to help fill the floral arrangements. Greens need to be cleaned so no leaves will be in the water, helping to prevent bacteria in the arrangements since we are usually giving the flowers to people with compromised health issues. It is best to pick greens on Thursday to allow them to be refreshed since a new cut opens up the cells and allows the greens to live longer in the arrangement.

Memorial Care volunteer Ed will come to pick the completed arrangements around 10 am. There is a list of members that are receiving extra arrangements that need to be delivered after our meeting. We are a friendly group and would love to help new people join us. We will match someone with you to help you if you are new.

It's always good to come early and learn how to clean the expired flowers we receive from Albertsons as well as meet other members of LFGC.

We appreciate extra vases that are about quart sized to make arrangements for members of LFGC who are ill, hospitalized or bereaved. Please drop off at Nadine's home on her front porch any time. Thank you.

### DECEMBER

HOSPICE FLOWERS for December will be at Nadine's house on December 16 since we meet for a Christmas Party on the second Friday of December.

Please RSVP if you plan to come around 9 AM to 24762 Rollingwood Road, Lake Forest, CA 92630.

Either text me (949-243-2005) or email me at [nadine.melberg@gmail.com](mailto:nadine.melberg@gmail.com) if you are planning to come.

Again, we will need greens to add to the flowers from Fuji Warehouse, Albertsons, and maybe a couple of other sources.

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## CORRESPONDENCE

As the correspondence secretary, Pat Piecuch, sends cards to members who are not feeling well, had surgery, need some cheer, been taking care of their loved ones or have not been seen at the meetings for a while. Please let us know the name & situation & she will be able to send a special note to them on behalf of the club and its members.

### CONTACT: PAT PIECUCH

Email: [piecooker@gmail.com](mailto:piecooker@gmail.com) OR

Phone: 949-433-4330

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# WINTER CROPS FOR SOUTHERN CALIFORNIA

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Winter can be one of the most pleasurable times to garden in Zones 9 and 10. Even though some significant changes happen in the winter garden, you still can produce tons of yummy food and beautiful flowers for your family to enjoy. Here are some things to know about winter gardening, and some of the best crops for Southern California.

## Seed Starting Winter Crops

If you are starting seeds in the winter to plant in your winter garden, keep in mind that low temperatures could require you to start your seeds in the warmth of the indoors. Depending on temperatures in your area, you may need to start on a windowsill or in a greenhouse. In Zone 10, we start our seeds in the greenhouse from November until summer.

## Growing Winter Crops

Winter gardening in Zones 9 and 10 is very enjoyable. The hot weather has passed, days are cooler, and we will have gotten some rain if we are lucky. These conditions are great for growing crops like lettuce, brassicas, root crops, and other leafy greens. Some green kales and cabbages even taste better after cold weather!

These plants are collectively called  
Cool Season Crops

Beets	Broccoli	Cabbage
Carrots	Cauliflower	Lettuce
Mustard greens	Onions	Peas
Radish	Spinach	



## Winter Flower Crops to Grow in Zones 9 and 10

Alyssum	Borage	Cosmos
Echinacea	Flax	Hollyhocks
Nasturtium	Poppies	Scabiosa
Sweet Pea	Wildflower Mixes	Yarrow

## Growing Winter Flower Crops

Growing flowers in your winter garden is easy because of the cool weather and seasonal rain. Flowers like **borage**, **sweet peas**, **flax**, and **nasturtium** pop up with ease from direct seeding in cool, moist soil. **Scabiosa flowers**, **poppies**, and **cosmos** are easily started in pots and transplanted out into cool, moist soil.



## Succession Plant for a Productive Garden

When you are growing winter crops, you will want to succession plant your cool-season crops. As spring draws near and the days grow longer, you will have several rounds of crops at different stages of growth. Succession planting allows you to have a constant harvest of flowers and veggies spread throughout the season.